

## **Supporting a Patient with Autism - Half Day (3 Hours)**

### **Overview**

People on the autism spectrum commonly find change and breaks to routine difficult to process and can often be over-stimulated by sensory aspects of the environment. Undergoing medical treatment by a doctor, dentist or surgeon can often be a traumatic time for people with autism leading to high levels of anxiety and most likely failed treatment.

This course covers the basics of autism, but specifically looks at the difficulties faced by patients on the autism spectrum when accessing medical treatment. Our trainer will discuss some of the barriers to successful treatment, helpful strategies to overcome these, as well as how to make appropriate reasonable adjustments under the Equality Act 2010.

Our experienced trainer has nearly 20 years' experience working as a specialist in the field of autism and has worked closely with NHS staff to improve patient care and access. He uses a combination of short talks, video, workshop activities and group discussion to suit a range of learning styles and will happily welcome questions and offer supportive strategies throughout the course.

### **Learning Outcomes**

At the end of this course attendees will:

- Know more about autism spectrum conditions.
  - Understand common barriers to treatment.
  - Learn how these may be overcome.
  - Know how communication for a patient with autism may be different.
  - Understand about what reasonable adjustments work.
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