

Understanding Autism – 2 Days (12 Hours)

Overview

This comprehensive 2 day course will ensure that delegates leave with a detailed understanding of this complex subject. This programme is essential for anyone supporting individuals with autism on a daily basis.

The course will explain what autism is, including a brief history and popular myths and misconceptions. Our trainer will also cover in detail the diagnostic criteria and the sensory experiences of people on the autism spectrum, alongside how they process information and think differently. The course will look in detail at some of the common communication difficulties found in autism as well as the occurrence of behaviours of concern. Our trainer will also discuss the importance of autism specific support which is tailored to the person, including information about how to make reasonable adjustments under The Equality Act 2010.

Our experienced trainer has nearly 20 years' experience working as a specialist in the field of autism and behaviours of concern and will welcome questions and offer supportive strategies throughout the course.

Learning Outcomes

At the end of this course attendees will:

- Have a comprehensive understanding of autism.
 - Be aware about sensory differences and how to support.
 - Know how people on the autism spectrum think differently.
 - Understand communication difficulties and interventions.
 - Be aware of behaviours of concern and their causes.
 - Be able to plan and use supportive strategies.
 - Understand how to approach reasonable adjustments.
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