

Supported Person: _____

Audited by: _____

Date: _____

Overview

Any person who can reasonably be predicted to be at risk of being exposed to restrictive interventions must have an individualised *Positive Behaviour Support Plan* (Department of Health, 2014). A PBS Plan should serve various functions - primarily the overall goal is the improvement of the person's *quality of life* and making *behaviours of concern* irrelevant, inefficient or ineffective (Carr et al, 2002). The plan should also ensure everyone's safety should *behaviours of concern* occur. A PBS Plan should be guided by and understanding of the functions of the person's behaviour and identify ways to increase a person's skills or develop other patterns of behaviour.

ProACT PBS Plan Audit Tool

Review the plan and complete the list of items below marking them;

- **Fully Met (FM)** = *The required action has happened and is present in the plan* – Score **2 Points**
- **Partially met (PM)** = *The required action has happened, but not to a good level* – Score **1 Point**
- **Not Found (NF)** = *The required action has not happened or was not present* – Score **0 Points**

Is the Plan Individual and Person-centred?					
What needs to happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
There is a written individualised PBS Plan	A written PBS plan can be provided	✓	✓	✓	
	The written plan is personalised (it includes the person's name, for example)	✓	✓	✓	
	The written plan is different to other written plans for other individuals	✓	✓	✓	
	The written plan is integrated with a wider person-centred plan for the individual	✓	✓	✓	
Individual involvement	The individual has had some input into the PBS Plan – such as what gives them quality of life or how they de-escalate	✓	✓	✓	
Score for this section					/10

Definition of Behaviours of Concern?					
What needs to happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
There is a description of the person's behaviours of concern	The behaviours are operationally defined, observable and measurable	✓	✓	✓	
There is a summary of the most probable reasons underlying the person's behaviours of concern	The summary is written in everyday language and is consistent with the conclusions of the assessment informing the support plan	✓	✓	✓	
	The functions of the persons behaviour is clearly stated (i.e. <i>pain, attention, sensory, tangible, escape</i>)	✓	✓	✓	
Score for this section					/6

Minimising the likelihood that Behaviours of Concern will Occur					
What needs to happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
Proactive Strategies	The plan states how to avoid or prevent all of the identified behaviours of concern	✓	✓	✓	
	The plan includes one or more, clearly defined strategies for developing a person's ability to communicate or otherwise more effectively influence what happens to them without displaying concerning behaviour	✓	✓	✓	
	These strategies comprehensively address the identified functions of behaviour	✓	✓	✓	
Score for this section					/6

Keeping Everybody Safe when Behaviours of Concern Occur

What needs to happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
Reactive Strategies	The PBS Plan specifies how carers should respond to instances of the person's behaviours of concern	✓	✓	✓	
	The plan includes one or more non-restrictive strategies for responding to the instances of the person's behaviours of concern	✓	✓	✓	
	Where the plan includes the use of restrictive strategies (<i>restraint, seclusion, PRN medication</i>), these are not identified as a first response (as opposed to non-restrictive approaches) without a clear rationale as to why	✓	✓	✓	
	The circumstances in which restrictive strategies are recommended are clearly defined	✓	✓	✓	
Score for this section					/8

How the PBS Plan will be Updated and kept Current

What needs to happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
Monitoring and Review Arrangements	A named individual has the responsibility for implementing, monitoring and reviewing the plan	✓	✓	✓	
	The plan specifies expected outcomes in terms of reduction in behaviours of concern and improvements in quality of life, as well as out-lining how these will be measured	✓	✓	✓	
	There is clear documentation in place detailing any restrictions that are currently in place, with a clear process documenting how these will be reduced over time.	✓	✓	✓	
	The plan includes a timetable and organisational arrangement for review (for example, through a multidisciplinary meeting in six months)	✓	✓	✓	
Score for this section					/8

How the PBS Plan is Implemented and Monitored					
What needs to Happen?	Evidence that it is happening...	FM (2 Pts)	PM (1 Pt)	NF (0 Pts)	Score
Implementation Arrangements	The plan specifies any necessary characteristics for those implementing (mediators) the strategies described. The plan also specifies how mediators will be trained to reliably and consistently implement strategies	✓	✓	✓	
	The PBS Plan specifies any additional or changed resources required, such as additional mediators or specific material	✓	✓	✓	
Monitoring and Evaluation	Data on the consistency and correctness of implementation shows at least 80% correct implementation	✓	✓	✓	
	Data on expected outcomes demonstrates reductions in behaviours of concern and restrictive practices and the improvement of quality of life - leading to review and continuation of the plan	✓	✓	✓	
	Data on expected outcomes demonstrates no change or worsening in behaviours of concern, quality of life or use of restrictive practices - leading to reassessment and redevelopment of the behaviour support strategies	✓	✓	✓	Do Not Score
Score for this section					/8

Scoring

Area of Plan	Score	
Is the Plan Individual and Person-centred?		
Definition of Behaviours of Concern?		
Minimising the likelihood that Behaviours of Concern will Occur		
Keeping Everybody Safe when Behaviours of Concern Occur		
How the PBS Plan will be Updated and kept Current		
How the PBS Plan is Implemented and Monitored		
Total Score for Plan		/46